



Institute For Multicultural Counseling
and Education Services, Inc.
www.imces.org



International Council of Psychologists ICP
founded in 1941
www.icp.org

From: Dr. Tara Pir, President of IMCES & ICP

We Invite

Your support on movement toward Mental Health Reform

AWARENESS OF PROBLEM:

The World Health Organization (WHO) & the United Nations (UN) have announced a Human Rights Emergency declaring depression as a number one global burden of disease. People with mental disabilities around the world face discrimination, violence, and abuse. Even in America, one in four is living with mental illness. Many will not seek help due to Fear of Stigma & Discrimination.


ACTION TOWARD SOLUTION

 Please join us in collaborative efforts by participating in our:

STIGMA & DISCRIMINATION REDUCATION PROGRAM
(We are committed to ending STIGMA associated with mental illness)

- ▶ Completing our cultural stigma survey: <https://www.surveymonkey.com/s/imcesstigmarev>
- ▶ Involving with our advocacy & community education activities.

 Supporting California's mental health movement at www.EachMindMatters.org

 Raising awareness and engaging in conversation by wearing the lime-green ribbon.
(Green represents the national color of mental health awareness symbolic of vigorous life and flourishing health as well as our efforts to overcome the stereotype, stigma and discrimination associated with mental illness.)

Contact us: 213-381-1250 e-mail: drtarapir@imces.org



Together we can make a difference in



Changing mind! Changing lives! Changing communities